

January 28, 2015

Lots of free Family Day fun at the Sportsplex February 8

Come join us for a celebration of families on Family Day, Monday, February 8 from 10 a.m. to 2 p.m. at the Sportsplex Spend some extra time together and enjoy a variety of free arts, crafts, games, sports and activities for all ages and abilities.

From 10 a.m. to noon, bring the little people to our wildly popular Family Gym program. Developed for children who are walking and up to five years old, this program is full of ride-on toys, tumbling mats, balls, climbers and fun props that will unlock their creativity and bring on the fun.

At Family Day, participants will enjoy playing a variety of sports and discovering new ones, with lots of equipment available to use. All day long the racquetball, squash and wallyball courts will be open. And between 12:30 and 2 p.m., volleyball, badminton and basketball will be offered.

Children and adults are welcome to play table tennis, have a game of foosball, and, use the weight room (for ages 12 and up).

Family Day at the Sportsplex will also feature special guests, including Safety Bear, and a concession will cater to young and old appetites.

Come join the fun, and put family first. We hope to see you there!

The City of Campbell River Department of Recreation and Culture acknowledges the financial support of the Province of British Columbia.

All adults must be accompanied by a child.

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