

February 1, 2017

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### **Celebrate Family Day with Kinsmen Club and Campbell River Recreation**

Families are invited to the Sportsplex to celebrate Family Day on Monday, Feb. 13.

Start the day with a delicious pancake breakfast hosted by the Kinsmen Club. Breakfast runs from 8:30 to 10:30 a.m. (adults \$6, children \$3).

Then try out a wide range of recreation activities.

*“Come down and join the fun! All recreation activities are free of charge. They begin at 10 a.m. and run until 2 p.m. to give families lots of time to play together,”* says Karen Chappell, recreation programmer. *“We’ll have program leaders at the ready to keep things flowing smoothly and give instruction where required.”*

Here’s what’s happening:

- 8:30 to 10:30 a.m. Kinsmen Pancake Breakfast (Room 2/3 – adults \$6, children \$3)
- 10 a.m. to noon Family Gym (Gym B)
- 10 a.m. to 2 p.m. Crafts, Table Tennis, Foosball (Room 1)
- 10 a.m. to 2 p.m. Bounce-arama (Gym A)
- 11 a.m. to 2 p.m. Playdoh Centre, games (Room 2)
- 12:30 to 2 p.m. Badminton & Volleyball (Gym A)
- 12:30 to 2 p.m. Basketball (Gym A)
- 10 a.m. to 2 p.m. Weight room supervisor in attendance (12 years and older)
- 10 a.m. to 2 p.m. Free disc golf rentals (\$10 deposit per disc required)
- 10 a.m. to 2 p.m. 30-minute court times to try racquetball, squash or wallyball. (All equipment supplied)

For more information on Family Day at the Sportsplex, call 250-923-7911 or 250-286-1161.

The City of Campbell River acknowledges the financial support of the Province of British Columbia for this event and thanks local sponsors Tim Hortons, Save-On Foods and the Royal Coachman.

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250-286-5306